



FORK + FARM

handcrafted.
heartfelt.
uniquely yours.



Breakfast Catering



handcrafted breakfast

In order to cook your breakfast to perfection, please allow 24 hours to collect our eggs!
Order minimum of \$250.00 per delivery. {GS} welcomed.

Fresh Baked Goods

Fresh Baked Goods are ordered by the dozen

Warm Goopy Cinnamon Brioche Rolls {V}
w/ rum butter icing

Made From Scratch, Mighty Muffins
seasonal fruits, flavours and whipped butter – flavours by the dozen

Montreal Bagel Bar
peanut butter + banana, blueberry cheesecake, smoked salmon + caper cream cheese

Breakfast Scones
orange cranberry, cinnamon apple granola, raspberry white chocolate – flavours by the dozen

Sweet Breakfast Pastries
croissant, pain au chocolate, fruit muffins, bagel, danish

F+F Just-Baked Cookies
cranberry oat pecan, salted chocolate, skor pecan

Fruits + Grains

Fresh-Cut Seasonal Fruit Salad {V,GS}

Lemon + Blueberry, Greek Yogurt Parfait {V,GS}
handcrafted granola, lemon mousse, greek yogurt, blueberry compote,

Chia Coconut Muesli Power Bowl {LS,GS,V}
coconut chia pudding, banana, housemade granola, seasonal berries, apple, toasted coconut

Handcrafted Power-Up Granola Clusters {V,GS}
pecans, coconut, oats, sundried cranberry, chia and hemp seed, wildflower honey

Overnight Oat Jars {V,GS}
minimum order of 10 per flavour
rolled oats, chia seed, maple syrup, yogurt, milk
Banana Nutella – chopped hazelnut, chocolate chips, fresh banana, nutella
Apple Pie – chopped apple, toasted almond, cinnamon
Pina Colada – shredded coconut, coconut milk, diced pineapple, vanilla

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The Complete Breakfast

The Farm Breakfast {GS}

scrambled farm-fresh hen eggs, crisp hardwood-smoked bacon, spiced potato hash, and fresh-baked mini muffins

or as a complete breakfast

Served w/ seasonal fresh-cut fruit salad and your choice of chilled fruit juice or coffee

Buttery + Flaky French Quiche

4" individual pie crust, farm-fresh hen egg, and classic preparations

Sea Salt + Smoked Salmon, Dill, Scallion + Creme Fraiche

Leek, Ham + Gruyere

Zucchini, Red Onion, Confit Tomato + Feta {V}

or as a complete breakfast

Served w/ crispy hashbrown pattie, seasonal fresh-cut fruit salad, chilled fruit juice or coffee

Austin Breakfast Burritos

griddled tortilla, soft-scrambled hen egg, hashbrown, cilantro, pickled peppers, cheddar, sour cream, salsa roja

Crumbled Chicken Sausage

Double-smoked Crispy Bacon

or as a complete breakfast

Served w/ crispy hashbrown pattie, seasonal fresh-cut fruit salad, chilled fruit juice or coffee

Farm Breakfast Brioche

toasted brioche, soft-scrambled hen egg, chive, cheddar cheese, dijonaise.

Shaved Honey Ham

Chicken, Apple, and Fennel Sausage

Caramelized Onion Jam {V}

or as a complete breakfast

Served w/ crispy hashbrown pattie, seasonal fresh-cut fruit salad, chilled fruit juice or coffee

Blueberry Pancakes + Crispy Bacon Breakfast

crispy hashbrown pattie, maple syrup, berry compote, whipped cream

or as a complete breakfast

Served w/ seasonal fresh-cut fruit salad, chilled fruit juice or coffee

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Breakfast Boards

Breakfast Charcuterie Board {V,GS}

sliced country ham, crisp bacon wrapped sausages, breakfast egg bites, smoked cheddar, double creamed brie, whipped smoked salmon + caper cream cheese, granola bites, fruit garnishes, mini muffins, bagels

Breakfast Bento Box {V,GS}

perfect to grab and go or snack back at your desk after a meeting!

KETO BOX – hard-boiled hen egg, almonds, blueberries, crispy smoked bacon, gouda wedge

BOOST BOX – spinach egg bite, gouda wedge, granola, apple wedges, grapes, coconut-chia pudding

Fresh-Cut Seasonal Fruit + Berry Board {V,GS}

yogurt chantilly dip

Beverages

Fair Trade Coffee / Steven Smith Premium Tea Selection

San Pellegrino Fruit Spritzers

San Pellegrino Sparkling Water

Chilled Fruit Juice

orange juice, apple juice, cranberry juice

Assorted Soda

Bottled Spring Water